

# 7th Joint Preservation Congress

20 – 21 May 2022

## PROGRAM

### FRIDAY, 20 May 2022

09:00	09:05	Opening <b>Konrad Slynarski &amp; Jacek Walawski</b>
<b>OPENING SESSION</b>  Moderators: Gordon Mackay Emmanuel Papakostas Konrad Slynarski		
09:05	09:17	Osteoarthritis - introduction and epidemiology <b>Oliwer Sygacz</b>
09:17	09:29	Treatment process of a degenerative knee joint <b>Arkadiusz Bielecki</b>
09:29	09:41	Mesenchymal Stem Cells - a New Drug for Osteoarthritis <b>Konrad Slynarski</b>
09:41	09:53	Update for the sports surgeon on internal Brace augmentation for ligament <b>Gordon Mackay</b>
09:53	10:05	Meniscus Repair <b>stryker</b> <b>Urszula Zdanowicz</b>
10:05	10:25	Discussion
10:25	11:00	<b>CADAVER LIVE DEMO</b> Internal Bracing around the Knee Joint <b>Gordon Mackay</b>
11:00	11:20	Coffee Break
<b>SESSION II: ASPETAR SESSION</b>  Moderators: Pieter D'Hooghe Konstantinos Epaminontidis Jacek Walawski		
11:20	11:35	How to deal with symptomatic cartilage lesion in sports - "the realistic expectations" <b>Emmanuel Papakostas</b>
11:35	11:50	Treatment algorithm in ankle cartilage defects <b>Pieter D'Hooghe</b>

11:50	12:05	Can we go for accelerated rehabilitation? Is there room for “mechanotransduction”? <b>Konstantinos Epaminontidis</b>
12:05	12:25	Discussion
12:25	13:25	Lunch
13:25	14:10	<b>CADAVER LIVE DEMO</b> All inside ACL reconstruction with lateral tenodesis <b>Emmanuel Papacostas</b>
14:10	14:30	Discussion
<b>SESSION III: OSTEOTOMIES</b>		
<b>Moderators:</b> <b>Raghib Khaka</b> <b>Kristian Kley</b> <b>Konrad Slynarski</b>		
14:30	14:42	When and Why Should I Do An Osteotomy? <b>Kristian Kley</b>
14:42	14:54	Planning HTO/DFO/DLO <b>Raghib Khaka</b>
14:54	15:06	Management of MCL in Osteotomy <b>Kristian Kley</b>
15:06	15:18	Double level - half the trouble! Getting the joint line right. <b>Kristian Kley</b>
15:18	15:30	A Consensus on Osteotomies Around the Knee by the UK Knee Osteotomy Consensus Group. <b>Matt Dawson</b>
15:30	15:42	The effect of smoking on outcomes after knee surgeries <b>Marcin Domzalski</b>
15:42	16:05	Discussion
16:05	16:25	Coffee Break
16:25	17:10	<b>CADAVER LIVE DEMO</b> Live dissection - surgical approach to femoral and tibial osteotomy <b>Kristian Kley</b>
17:10	17:30	Discussion
<b>SESSION IV: JOINT PRESERVATION</b>		
<b>Moderators:</b> <b>Mats Brittberg</b> <b>Matt Dawson</b> <b>Jacek Walawski</b>		
17:30	17:42	Cartilage fragments; biological bricks for cartilage repair. <b>Mats Brittberg</b>
17:42	17:54	Meniscus Allograft Transplantation - is it Joint Preserving Procedure? <b>Maciej Pawlak</b>

17:54	18:06	UKA with ACL reconstruction - is it an escape from a TKA or a waste of the HTO potential? <b>Tomasz Pardała</b>
18:06	18:18	Patello-femoral Joint Preservation <b>Jacek Walawski</b>
18:18	18:30	Hip Joint Distraction <b>Radosław Grabowski</b>
18:30	18:42	The Role of Physiotherapy in Joint Preservation <b>Martyna Jarocka</b>

## SATURDAY, 21 May 2022

### SESSION V: ANTERIOR CRUCIATE LIGAMENT

Moderators:  
**Robbert van Dijck**  
**Emmanuel Papakostas**  
**Konrad Slynarski**

09:00	09:12	From ACL injury to arthroplasty. <b>Paweł Skowronek</b>
09:12	09:24	ACL Reconstruction in athletes: Can it be Joint Preserving? <b>Emmanuel Papakostas</b>
09:24	09:36	ACL Repair and Reconstruction with Internal Brace - my algorithm. <b>Gordon Mackay</b>
09:36	09:48	Quadriceps for ACL reconstruction with internal bracing. <b>Robbert van Dijck</b>
09:48	10:00	The ankle syndesmosis pivot shift: Are we reviving The ACL story? <b>Pieter D'Hooghe</b>
10:00	10:12	Return to Sports After ACL reconstruction. <b>Piotr Ciebiera</b>
10:12	10:24	Returning to sports: set the criteria on a real multidisciplinary approach <b>Konstantinos Epaminontidis</b>
10:24	10:36	Complications of ACL Reconstruction. <b>Marek Kulczyk</b>
10:36	10:55	Discussion
10:55	11:15	Coffee Break
		<b>CADAVER LIVE DEMO</b> <b>One-step Cartilage Repair</b>
11:15	11:55	1. AUTOCART Minced cartilage for treatment of knee joint chondral and osteochondral lesions. <b>Gian Salzmann</b>

11:55	12:35	2. CAIS technique <b>Mats Brittberg</b>
<b>SESSION VI: CARTILAGE REPAIR</b>		
<b>Moderators: Matt Dawson Gian Salzman Jacek Walawski</b>		
12:25	12:37	Late consequences of untreated cartilage lesions. <b>Wojciech Widuchowski</b>
12:37	12:49	Evidence-based Approach to Cartilage Repair. <b>Emmanuel Papakostas</b>
12:49	13:01	Minced cartilage for treatment of knee joint chondral and osteochondral lesions. <b>Gian Salzman</b>
13:01	13:23	Early Experience of Autocart in My Clinical Practice. <b>Witold Wnukiewicz</b>
13:23	13:35	Hyaluronan - based biomaterials in cartilage reconstruction. <b>Konrad Stynarski</b>
13:35	13:47	Cartilage Blisters: easy to miss but important to treat. <b>Mats Brittberg</b>
13:47	13:59	Nanoscope in Cartilage Surgery <b>Robbert van Dijck</b>
13:59	14:20	Discussion
14:20	15:15	Lunch
<b>SESSION VII: OSTEOTOMIES</b>		
<b>Moderators: Ragbir Khaka Kristian Kley Konrad Stynarski</b>		
15:15	15:27	High Tibial Osteotomy: surgical technique. <b>Matt Dawson</b>
15:27	15:39	Distal Femoral Osteotomy - surgical technique. <b>Kristian Kley</b>
15:39	15:51	PEEK Power Plate HTO, LDFO <b>Łukasz Luboiński</b>
15:51	16:03	Slope changing osteotomy. <b>Ragbir Khakha</b>
16:03	16:15	Complications of Osteotomy. <b>Matt Dawson</b>
16:15	16:27	New techniques to avoid NV injury. <b>Ragbir Khakha</b>

16:27	16:39	Milestones of the physiotherapy protocol in HTO. <b>Andrzej Kępczyński</b>
16:39	16:51	Arthroplasty after Knee Osteotomy. <b>Jacek Walawski</b>
16:51	17:10	Discussion
17:10	17:15	Final Conclusions <b>Konrad Stynarski &amp; Jacek Walawski</b>

## SUNDAY, 22 May 2022

### CADAVER COURSE (additional registration required)

Venue:

**The Medical Training Centre**

Brzeska 12, 03-737 Warsaw

Topics:

- High tibial osteotomy
- Femoral osteotomy
- Patial knee resurfacing: Biopoly
- Meniscus repair centralization, root repair, scaffold implantation
- Cartilage repair: Hyalofast, Autocart